

STEPPING STONES

at

Lagan Valley Island

2025

Lisburn and Castlereagh City Council are delighted to be working with Stepping Stones NI. A local social enterprise business, Stepping Stones provides a training platform for people with a learning disabilities who are trained and supported by a team of award winning catering and hospitality staff.

BREAKFAST OPTIONS

The following options are available from 8.30am

Tea/Coffee and Breakfast Baps (Bacon & Sausage)	£6.95
Add Scrambled Egg	£7.90
② ④ ⑦ ⑫ ⑬	
Tea/Coffee & Scrambled Egg Bap	£4.95
② ④	
Breakfast Pots– serving of yogurt, granola and compote (minimum order for 6)	£2.75
④ ⑥ ⑧ ⑩	
Fruit Skewers	£2.95
Tea/Coffee & Freshly Baked Scones (with butter and preserves) (Plain, Fruit, Wheaten & Cherry Selection)	£4.15
② ④ ⑥ ⑬	
Tea/Coffee & Croissants/Danish Pastries	£3.75
② ④ ⑥	
Fresh Fruit (selection of apples, bananas, oranges, pears) (price per item)	£1.50
Jug of Pure Orange Juice	£3.95

**Tea/coffee products are Fair Trade.
A selection of Herbal Teas can be provided on request.**

All prices quoted are exclusive of VAT.

REFRESHMENT OPTIONS

Tea / Coffee	£2.50
Tea/Coffee & Assorted Biscuits ④ ⑥ ⑫	£2.95
Tea/Coffee & Freshly Baked Scones (with butter and preserves) (Plain, Fruit, Wheaten & Cherry Selection) ② ④ ⑥ ⑬	£4.15
Tea/Coffee & Shortbread ④ ⑥	£3.50
Tea/Coffee & Traybakes (Selection of fifteens, chocolate brownies, millionaire shortbread and others) ② ④ ⑥ ⑫ ⑬	£4.50
Tea/Coffee & Mince Pie ④	£3.95
Fresh Fruit (selection of apples, bananas, oranges, pears) (price per item)	£1.50
1 litre of diluted cordial (orange and blackcurrant) ⑬	£3.75
Bottled Water 250ml (still and sparkling)	£1.80

LIGHT LUNCH OPTIONS

Tea/Coffee & Sandwiches* ① ② ③ ④ ⑥ ⑫	£7.50
Soup with bread selection ② ④ ⑥	£4.95
Tea/coffee, Sandwich* and Soup ① ② ③ ④ ⑥ ⑫	£10.50

Tea/coffee products are Fair Trade
A selection of Herbal Teas can be provided on request.

FINGER BUFFET MENU

Minimum Order - 10 people

Our tailor-made finger buffet includes Freshly brewed tea and coffee

Plus

Choice of three from the following:

Southern Fried Chicken Skewers

④

Chicken strips with Sweet chilli dip

④ ⑦

Freshly baked cocktail sausage rolls

② ④ ⑥ ⑬

Elliotts select cocktail pork sausages

④ ⑦ ⑫ ⑬

Spring Rolls (*meat & vegetarian*) ✓

① ④ ⑫ ⑬

Chicken and sweetcorn or creamy mushroom vol-au-vent ✓

② ④ ⑥

Goats Cheese and red onion tartlet ✓

④ ⑥ ⑫

Mediterranean vegetable skewers with a sundried tomato dip ✓✓

⑬

A selection of freshly cut sandwiches *

① ② ③ ④ ⑥ ⑫

Assorted filled tortilla wrap bites

① ② ③ ④ ⑥ ⑫

A selection of Herbal Teas can be provided on request.

£10.95

Additional Items can be added at a rate of £2.50 per item

V-Vegetarian VV-Vegan

***Sandwich/Wrap Selection**

A selection of the following fillings will be provided:

Coronation Chicken

Chicken with Sweetcorn and mayo

Sweet Chilli Chicken

Tuna and sweetcorn

Ham salad

Ham cheese

Egg, mayo and cress ✓

Cheese & pickle (sliced cheese) ✓

Vegan Selection:

Cheese falafel

Mixed Salad

HOT BUFFET MENU

Minimum Order - 10 people
choice of any **two** items from below:

Fish 'n' Chips

fish goujons served with chips and tartare sauce

2 3 4

Chicken with creamy leeks and bacon

Served with creamy mash potato

6

Chinese Chicken Curry

*Marinated Chicken chunks in a mild spiced curry sauce
served with boiled rice*

6 7

Chicken Goujons

*Tempura battered strips of tender chicken fillet
With garlic mayo and sweet chilli dip, served with chips*

2 4 7

Lasagne Al Forno

a hearty homemade lasagne served with salad leaves, 'slaw and chips

4 6

Moussaka

*the classic Greek dish of layered thinly sliced potato,
aubergine and minced lamb topped with a creamy béchamel sauce
served with roasted baby potatoes, coleslaw and salad leaves*

4 6

Bangers 'n' Mash

*butcher style sausages
in a rich onion gravy with creamy mashed potato*

4 6 13

Beef Hot Pot

An old favourite served with whole green beans

7

INCLUDES FRESHLY BREWED FAIR TRADE TEA/COFFEE
£14.50

HOT BUFFET MENU

VEGETARIAN & VEGAN OPTIONS

(TO SUPPLEMENT HOT BUFFET)

Vegetable Korma

*a mild and creamy curry flavoured with coriander and cardamom
served with boiled rice*

① ② ⑥ ⑦ ⑫

Lasagne Al Forno

*Lasagne sheets layered with aubergines, courgettes, onions and tomatoes
in a rich tomato and basil sauce
served with coleslaw and sweet potato fries*

④ ⑦

Bangers 'n' Mash

*plant based sausages
with a rich onion gravy with mashed potato*

⑫

Moussaka

*the classic Greek dish of layered thinly sliced potato and aubergine
with a creamy béchamel sauce
served with roasted baby potatoes, coleslaw and salad leaves*

④ ⑥

DESSERTS

Warm Apple Pie with fresh cream

4 6

Fresh Fruit Pavlova with Fruit Coulis

2 6

Cheesecake

4 6

Chocolate Fudge Cake with fresh cream

2 4 6 8

Profiteroles with chocolate sauce and fresh cream

2 4 6 8 12

Panna Cotta

4 6 12

£5.95 per Head

All prices quoted are exclusive of VAT.

ALLERGEN INDEX

- ① *Celery or celeriac*
- ② *Eggs*
- ③ *Fish*
- ④ *Gluten*
- ⑤ *Lupin*
- ⑥ *Milk*
- ⑦ *Mustard*
- ⑧ *Nuts*
- ⑨ *Peanuts*
- ⑩ *Sesame Seeds*
- ⑪ *Shellfish*
- ⑫ *Soya*
- ⑬ *Sulphur Dioxide*

STEPPING STONES TERMS AND CONDITIONS

1. Catering at LVI is supplied by Stepping Stones NI, and the following terms apply to all bookings:
 - a. Catering options and an estimate of minimum numbers must be received no later than **10 working days** of event date.
 - b. **Final numbers** must be confirmed no less than **five working days** prior to event date. No changes can be accepted after this period.
 - c. Confirmed quantities booked as at section 5b will be the minimum numbers charged for.
 - d. Cancellation of booking within the three day period will be chargeable at full costs.
2. Catering will be invoiced directly by Stepping Stones NI. Payment must be paid directly to Stepping Stones, payment methods are listed on your invoice.
3. Provision of alternatives to suit a range of dietary requirements are available. Please ask for more details.
4. All prices quoted are exclusive of VAT.
5. Stepping Stones retain customer details for the purposes of event organisation, contact and invoicing.