



Team Building & Corporate Challenges

at Lagan Valley Island Conference Centre





Team Building at Lagan Valley Island

Inject some energy into your conference, meeting or training event with a team building session at Lagan Valley Island. Actively engage your delegates with sessions geared towards fun – with a purpose!

Develop and challenge your team, help build relationships, renew enthusiasm, explore personal growth, fire the imagination, or energise your meeting or conference.

At Lagan Valley Island, make use of our state of the art facilities to get down to the serious business of your

conference, meeting or training event before acquiring essential skills such as communication, leadership and strategic planning with a team building session in the afternoon.

Take inspiration from our case study of a recent team building day held at Lagan Valley Island by the company United Biscuits. Then choose from one of the experienced team building companies listed, who can facilitate a wide range of team building activities available either indoors in the Island Hall or outdoors in the magnificent Castle Gardens.

Lagan Valley Island - The Business Venue

As one of Northern Ireland's premier conference and meeting venues, you are in good hands at Lagan Valley Island. Located on an island in the heart of Lisburn City, you can enjoy your meeting or training event in unique surroundings with everything you require at your fingertips.

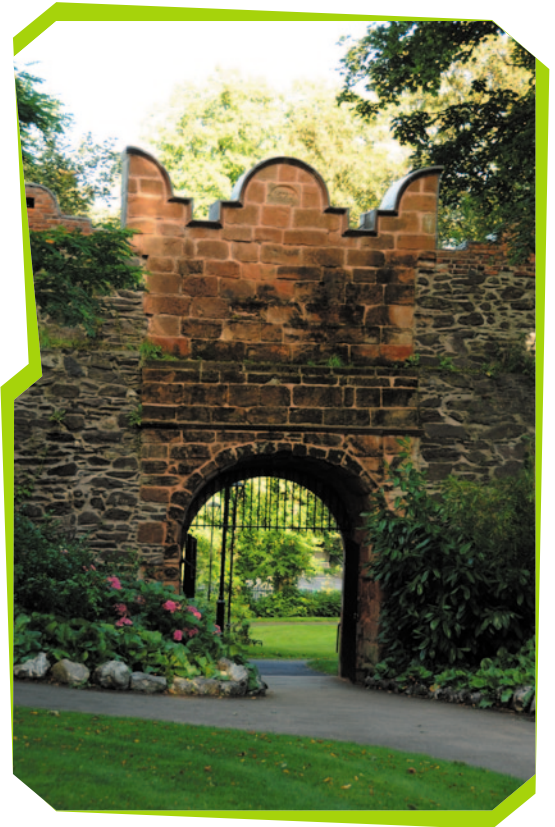
- Capacity for 2 to 402 Delegates
- Choice of 10 Meeting Rooms
- Superb Quality Service
- Lighters Restaurant Onsite
- Central Location in Northern Ireland
- Free Wi-Fi
- Free Car Parking Onsite
- Free Conference Equipment
- Free Technical Assistance
- Nearby Accommodation



Castle Gardens - Space for Imagination

Located adjacent to Lagan Valley Island, Castle Gardens presents the perfect space for your team building activities. Originally the site of Lisburn Castle, the gardens are the most historic open space in Lisburn with the original fortified walls and garden terraces still intact.

Activities will take place on the Bowling Green boasting panoramic views of Lisburn City and over 10,000 square feet of space for you and your colleagues to enjoy.





Achieve Success

The following business benefits have been attributed to team building activities:

- ✓ Increased team performance
- ✓ Improves morale and leadership skills
- ✓ Identify and maximise team strengths
- ✓ Improves organisational productivity
- ✓ Optimise understanding between team members
- ✓ Improves the ability to problem solve
- ✓ An opportunity for colleagues to develop contacts at all levels



Activities Available at Lagan Valley Island



Case Study United Biscuits Team building Day

The Company:

United Biscuits (UB) is one of the world's pre-eminent branded snacks businesses. We produce some of the best known and loved sweet and savoury snacks, with products ranging from biscuits and crackers to cakes and savoury snacks. Our unrivalled portfolio of brands has been meeting consumer needs for well over 100 years and includes such favourites as McVitie's, Jacob's, Carr's, McCoy's, Hula Hoops, McVitie's Jaffa Cakes, KP, Mini Cheddars, Go Ahead! and McVitie's Penguin.

Event Format:

A morning meeting in the Island Hall followed by lunch onsite in Lighters Restaurant and team building activities in the afternoon, taking place in Castle Gardens adjacent to Lagan Valley Island.

Delegate Numbers:

26



What was the purpose/aim of your event?

The main purpose of the event was to communicate performance and strategy of the business to the wider team, followed by a team building exercise.

What did you like about your event at Lagan Valley Island?

Lagan Valley Island were able to cater for everything we required. In the morning we had a conference. The meeting room and facilities were excellent. We found the staff very pleasant and helpful. Everything was organised on time and efficiently.

What made you decide to use Lagan Valley Island as the venue for your event?

Lagan Valley Island was a good location for us. We were able to leave cars in the car park for the duration of our conference and event.

What would you recommend to other organisers about the venue?

Friendly atmosphere, efficient staff, good parking facilities.

How did you find the process of booking your event?

Everything ran pretty smoothly. Any queries I had were dealt with straight away by the events co-ordinator – Elaine Conn, which made it a lot easier for me.



How did you find the catering for your event?

We were able to pre-order lunch, which was good as we had a strict schedule and therefore were restricted for time. Everyone seemed to enjoy lunch provided.

How did you find the team building element of your event?

Our Team Building event took place in Castle Gardens, just across the road from Lagan Valley Island. We were able to choose beforehand which events were suitable for our needs, we chose the Crystal Maze Challenges. Working in three teams of eight people, we had problem solving activities, where we had to work and think as a team in order to win the crystals. At the end of the events, one person from each team entered the Crystal Dome to collect vouchers and the team with the most vouchers won the trophy.

Overall do you feel the event fulfilled your objectives?

We had a few disagreements along the way but this was part of the fun. Everyone enjoyed the day.

Additional Comments:

As time was of the essence, the good thing about our day was not having to travel to another location for the event. At Lagan Valley Island we had the conference, lunch and the event was held in Castle Gardens.



Team Building Companies



Team Challenge Company is one of the most experienced and innovative Corporate Team Building specialists in the UK and Ireland. We believe in combining our experience and knowledge with your objectives and ideas to provide a unique and exciting experience for you and your team, producing an event with truly outstanding results.

We are delighted to offer a unique and distinct range of Event Services that encompasses any and all aspects of the event that you are organising, from Team Building and Team Development Away Days to Indoor and Evening Entertainment. We will create, design and deliver bespoke packages that are tailored to meet your specific needs, objectives and your budget.

We pride ourselves on our continuing success, personal service and commitment that ensures we deliver an exceptional experience to all our clients.

“We are delighted to be associated with Lagan Valley Island. We were really impressed with the excellent service and facilities at a recent event we held at Lagan Valley Island. We look forward to working with the team again, delivering outstanding events and building on a successful partnership for the future”

Stephen Hazley, Director

It is the delivery of this unrivalled experience that we believe sets us apart within our industry, as our high energy, enthusiasm and passion for what we do allows us to deliver a truly unforgettable event.

Complete Event Management

Corporate Fundays

Team Building

Indoor Entertainment

Team Training

Evening & Themed Events

Corporate Entertainment

It's a Knockout & Inflatable Fun

Tel: 0845 601 4186

Email: info@teamchallenge-company.co.uk

Web: www.teamchallenge-company.co.uk



Team Building Companies



At Life we have a simple formula for building Great Teams:
People + Adventure + World = Great Teams

Is it?

A Fun Break... are you having a meeting, away day or conference and require something a little bit different to bring your delegates to 'Life'?

Or The Basics of Teamwork... Perhaps you want to be focused, an opportunity to train your team in the basics of teamwork, enter 'The Human Race'. A fun series of team challenges from Brain Teasers to Rock Climbing, with the opportunity to score.

Maybe High Performing Teams... or perhaps you want to be very focused, an opportunity to take your team from the basics to being high performers and accepting the 'common

"Lagan Valley Island Centre is perfect for your event whether it be a conference, away day or a meeting. The service is excellent and the facilities and grounds are perfect for your team building event whether indoor or outdoor, just for fun or with a more specific objective."

Martin McMullan, Managing Director

goal' challenge in 'The Elixir Of Life'. An event with a difference, trolls, poisons, pygmies and of course antidotes, all intertwined in an adventure based treasure hunt!

Does it have to be outdoors? No, we have some fantastic indoor programs such as 'The Ultimate Team Player' where your team must endeavour to clone what you determine to be the ultimate team player.

These are only a sample of the unique and innovative programs we can tailor to your requirements.

Tel: 0844 770 5477
Email: iwant@onegreatadventure.com
Web: www.onegreatadventure.com



Team Building Companies



Welcome to Peak Discovery, we specialise in innovative tailor-made team building events - interactive team building games and outdoor team building activities in Ireland for both local business teams and incentive travel groups visiting Ireland.

A wide variety of fun indoor and outdoor team building events and indoor evening entertainment options are available - taking your staff off-site and involving them in something which is different and fun can have many benefits:

- Boost morale and re-energise
- Discover talents and develop relationships
- Increase motivation
- Refuel enthusiasm
- Communicate key messages
- Build team identity

"Whether you are looking for a 30 minute conference energiser or a full day programme, our range of innovative team events are enhanced by the facilities available at Lagan Valley Island."

Andrew Porter, Director

At Peak Discovery DMC Ireland we carefully listen to your specific requirements so we can develop a tailor-made Team Building day that will motivate your team, allow them to learn more about themselves and ultimately perform better when they return to the office.

Tel: 028 4372 3933
Email: ni@pd-group.eu
Web: www.peakdiscovery.eu



To book your team building event at Lagan Valley Island, contact us now to discuss your requirements.

Lagan Valley Island Conference Centre
The Island
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Web: www.laganvalleyisland.co.uk

Located just minutes from the M1 Motorway and 10 minutes from Belfast City Centre.



We would like to thank the following:

Irish Linen Centre and Lisburn Museum for use of images of Castle Gardens
United Biscuits for their assistance with this brochure.

Lisburn City Council do not work solely with the aforementioned Team Building Companies. Other companies are also available and can be used.